**First Time Mothers: “I’m Pregnant, Now What?!”**

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# Project Overview/Background

Having a resource as a first time mother can be one of the most valuable assets there can be when first learning that you are expecting. An overwhelming amount of questions come into play and the biggest relief or mind easing solution is to gain answers (or) knowledge to the questions you have. With this project, the overview is to be able to supply first time expecting mothers with this knowledge and provide a blanket of answers to calm these concerns. 99% of mothers-to-be will be looking for the same information as each other and this project will gather those to one resourceful place.

# Learning Resources

The Bump : Pregnancy Week by Week

<https://www.thebump.com/pregnancy-week-by-week/4-weeks-pregnant>

Baby Center : Expert Advice

<https://www.babycenter.com/newly-pregnant>

Baby Center Community

<https://community.babycenter.com>

What To Expect Landing : Week by Week

<https://www.whattoexpect.com/pregnancy/week-by-week/landing.aspx>

# Timeline

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| --- | --- | --- |
| Start Date | Description | Length |
| December 9th, 2017 | I personally went through the 9 months of pregnancy and I used an app that would guide me each week. I believe that other new pregnant mother’s would benefit from my informative spreadsheet. | 3 Days |